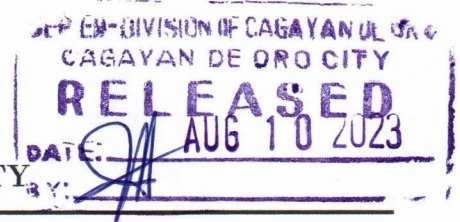




Republic of the Philippines  
Department of Education  
REGION X  
DIVISION OF CAGAYAN DE ORO CITY



Division Advisory No. 33 s. 2023

August 8, 2023

In compliance with DepEd Order (DO) No. 8, s. 2013  
this advisory is issued not for endorsement per DO 28, s. 2001,  
but only for the information of DepEd officials,  
personnel/staff, as well as the concerned public.  
(Visit [www.depedcdo.net](http://www.depedcdo.net))

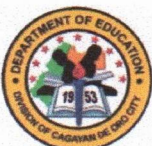
**16<sup>th</sup> ANNUAL REGIONAL CONFERENCE (ARC) AND WORKSHOPS, "HONING HELPING SKILLS:  
HARNESSING CHANGE"**

The Philippine Guidance and Counseling Association Region X Chapter (PGCA X) will be holding its 16<sup>th</sup> Annual Regional Conference (ARC) and Workshop on September 7 & 8, 2023 at Deluxe Hotel, Cagayan de Oro City. Inline with this, they are inviting guidance counselors, administrators, psychologist, psychometricians, teachers, social workers. Guidance associates/advocates and other helping professionals in the region to join the said professional development program.

Participation in this activity shall be on a voluntary bases. As such, participants themselves shall shoulder any registration fees and travel/incidental expenses. Further, their participation shall be subject to the non – disruption of classes policy stipulated in DepEd Order No. 9, s. 2005 Titled "Instituting Measures to Increase Engaged Time – on – Task and Ensuring Compliance therewith", section 3 of Republic Act No. 5546 (Policy on Contributions), and DepEd Order No. 66, s. 2017 (Policy on Off – Campus Activities).

Attached is a copy of the invitation from the Philippine Guidance and Counseling Association Region X for the specific details.

DMSA/PGCA X  
August 8, 2023



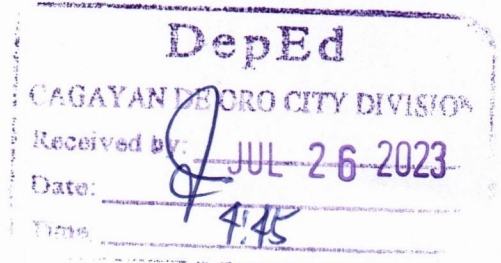
Address: Fr. William F. Masterson Avenue, Upper Balulang, Cagayan de Oro City  
Telephone: (08822) – 8550048



**PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.**  
Region X Chapter  
The Accredited Integrated Professional Organization of Guidance Counselors in the Philippines

July 25, 2023

**Dr. Roy Angelo E. Gazo, CESO V**  
School Division Superintendent  
DepEd Division of Cagayan de Oro City  
Masterson Avenue, Upper Balulang  
Cagayan de Oro City



Dear Dr. Gazo,

*Greetings of Peace!*

The Philippine Guidance and Counseling Association Region X Chapter (PGCA X) will be holding its **16<sup>th</sup> Annual Regional Conference (ARC) and Workshops on September 7 & 8, 2023** full face-to-face conference at Deluxe Hotel, Cagayan de Oro City. The theme of the conference is **“Honing Helping Skills: Harnessing Change”**. This is to acknowledge the need to upgrade the competencies of our guidance counselors from both government and private schools, administrators, psychologists and psychometricians, teachers, social workers, guidance associates / advocates, and other helping professionals in the region with their helping skills in addressing the challenges faced by our clients / learners in terms of suicide, sexuality, and embracing uncertainties in the changing landscapes.

Accordingly, attendance to this conference will earn points for the continuing professional development (CPD) for guidance counselors, psychologists, psychometrician, teachers, and social workers through the respective Professional Regulatory Boards in the Philippine Regulation Commission.

With this, we humbly request for your kindness approval from your office to have this as official business for all the RGCs, Guidance Advocates/Associates and LPTs from DepEd Division of Cagayan de Oro who will participate in the conference.

Attached are the invitation letter and program for your reference.

We respectfully hope for your support in this endeavor.

Looking forward to your favorable response.

See you soon!

Very truly yours,

**MR. FERDINAND N. LABITAD, RGC, LPT**  
President, PGCA - X





**PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.**  
Region X Chapter  
The Accredited Integrated Professional Organization of Guidance Counselors in the Philippines

**CHAPTER OFFICERS**  
2022 – 2024

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Jennifer R Ugat, MAEd, RGC  
VICE – PRESIDENT

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Jeannyvic T Roa, MAEd, RGC  
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BUSINESS MANAGER

Larry B Polino, MAEd, RGC  
ASST. BUSINESS MANAGER

Charito B Ferrer, PhD, RGC  
EX-OFFICIO

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Dear \_\_\_\_\_,

*Warm Greetings!*

The Philippine Guidance and Counseling Association Region X Chapter (PGCA X) will be holding its **16<sup>th</sup> Annual Regional Conference (ARC) and Workshops on September 7 & 8, 2023** full face-to-face conference at Deluxe Hotel, Cagayan de Oro City. The theme of the conference is **“Honing Helping Skills: Harnessing Change”**. This conference will upgrade the competencies of all guidance counselors from both government and private schools, administrators, psychologists and psychometricians, teachers, social workers, guidance advocates, graduate students in the field of guidance & counseling, education and psychology and other helping professionals.

In this regard, may we invite you to be our participant. We candidly hope that you will be able to join us in the said ARC. Attendance to the conference will earn you corresponding CPD points for RGC, RPsy/RPm, LPT and RSW

Attached is a copy of the program. Please see registration fee below. The registration fee includes 2-day lunch, am and pm snacks, presentation materials and certificate of participation. Please confirm your registration on or before **September 1, 2023**.

**REGISTRATION FEE: Php 3,400.00**



Deposit payment to **BPI**  
Acct. Name: **PGCA-X**  
Acct. Number: **8993-0023-81**

For registration, please go to the link below:  
[https://bit.ly/16thPGCAX\\_ARC\\_RegForm2023](https://bit.ly/16thPGCAX_ARC_RegForm2023)  
or scan the QR Code



For more information and registration queries, please refer to the following contact details:

Ms. Catherine C. Lopez  
Ms Jeannyvic T Roa  
Ms. Faith T Yatoc  
Dr Nannette P Purto  
Dr. Juvy T. Importante

Secretary  
Asst. Secretary  
Treasurer  
Auditor  
PRO

[pgcaxsecretariat@gmail.com](mailto:pgcaxsecretariat@gmail.com)  
[pgcaxsecretariat@gmail.com](mailto:pgcaxsecretariat@gmail.com)  
[fyatoc@xu.edu.ph](mailto:fyatoc@xu.edu.ph)  
[purtonpp@gmail.com](mailto:purtonpp@gmail.com)  
[researchnew2017@gmail.com](mailto:researchnew2017@gmail.com)

See you soon!

Very truly yours,

**MR. FERDINAND N. LABITAD, RGC, LPT**  
President, PGCA - X



09176261978



[pgcaxsecretariat@gmail.com](mailto:pgcaxsecretariat@gmail.com)

Xavier University  
Guidance and Counseling Office  
Luca Hall Room 101  
9000 Cagayan de Oro City





**PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC.**  
Region X Chapter  
The Accredited Integrated Professional Organization of Guidance Counselors in the Philippines

**16<sup>th</sup> PGCA – X ANNUAL REGIONAL CONFERENCE & WORKSHOP**

*“Honing Helping Skills: Harnessing Change”*

September 7-8, 2023

**PROGRAM**

**DAY 1 - SEPTEMBER 7, 2023**

- 7:30 – 8:00 REGISTRATION
- 8:15 – 9:00 INVOCATION  
NATIONAL ANTHEM  
WORDS OF WELCOME **MR. FERDINAND N. LABITAD, RGC, LPT**  
*Chapter President, PGCA – X*
- INTRODUCTION OF PARTICIPANTS **MS. CATHERINE C. LOPEZ, RGC, LPT**  
*PGCA – X Secretary*
- INTRODUCTION OF THE KEYNOTE SPEAKER **MS. JENNIFER R. UGAT, RGC, LPT**  
*Vice President, PGCA – X*
- 9:00 – 10:00 KEYNOTE ADDRESS **DR. ADELAIDA C. GINES, RGC, RPsy**  
*President, PGCA National*
- 10:00– 10:30 MESASGE FROM VICE MAYOR OF CAGAYAN DE ORO  
**VICE MAYOR JOCELYN “BEBOT” B. RODRIGUEZ**
- 10:30 – 11:00 MESSAGE FROM THE DEPED REGIONAL DIRECTOR  
**DR. ARTURO B. BAYOCOT, CESO III**  
*Regional Director, DEPED Region 10*
- 11:00 – 12:00 PAPER PRESENTATION
- 1) **“Assessing the Efficacy of a School - Based Trans-Diagnostic Intervention for Filipino College Students: A Randomized Control Trial”**  
**MS. REYNALOU B. LAGARE, RGC**  
*Guidance Counselor, MSU-IIT, Iligan City*
- 2) **“Using a Solution-Focused Approach to Cyber Bullying Victims as a Psychological Intervention for Empowerment”**  
**DR. ALDWIN MURPHY B. KWEK, RGC, RPsy**  
*Guidance Counselor 3, Misamis Occidental National High School, Oroquieta City*
- 12:00 – 1:00 PRESIDENT’S REPORT

**DAY 1 – SEPTEMBER 7, 2023**

- 1:00 – 5:00 **WORKSHOP 1: “EMBRACING UNCERTAINTIES PLUS RESILIENCE: A MINDSET TO A CHANGING LANDSCAPE”**  
**Dr. Adelaide C. Gines, RGC, RPsy**  
*President, PGCA National*

**DAY 2 – SEPTEMBER 8, 2023**

- 8:00 – 12:00 **WORKSHOP 2: “DIVING INTO THE RABBIT HOLE OF THE UNICORNS”**  
**DR. JOEY MARIE F. JEGONIA, RGC, RPsy**  
*Guidance Counselor, Xavier University*
- 1:00 – 5:00 **WORKSHOP 3: “BEST PRACTICES: A FOLLOW – UP FOR RACE AGAINST SUICIDE PREVENTION IN SCHOOLS”**  
**MS. MICHELLE AMARILLA – CLIMACO, Rpm**  
*Project Assistant Manager, Heads Up PH  
UNILAB Foundation, Inc.*

**AWARDING OF CERTIFICATES AND CLOSING CEREMONIES**

**Master of Ceremonies**  
**MS. ROSELIE F. RAFOLS, RGC**  
*Business Manager, PGCA – X*



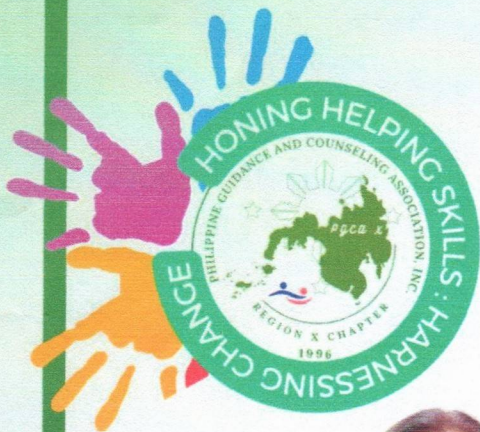
PHILIPPINE GUIDANCE AND COUNSELING ASSOCIATION, INC  
REGION 10 CHAPTER

**PGCA - X**

**16th Annual Regional  
Conference & Workshop**

**September 7 - 8 2023**

DE LUXE HOTEL, CAGAYAN DE ORO CITY



## WORKSHOP SPEAKERS



**"EMBRACING UNCERTAINTIES PLUS RESILIENCE:  
A MINDSET TO A CHANGING LANDSCAPE"**  
DR. ADELAIDA C. GINES, RGC, RPsy  
President, PGCA National | Keynote Speaker



**"DIVING INTO THE RABBIT HOLE OF THE UNICORNS"**  
DR. JOEY MARIE F. JEGONIA, RGC, RPsy  
Guidance Counselor, Xavier University



**"BEST PRACTICES: A FOLLOW - UP FOR RACE AGAINST  
SUICIDE PREVENTION IN SCHOOLS"**  
MS. MICHELLE AMARILLA - CLIMACO, RPhm  
Project Assistant Manager, Heads Up PH  
UNILAB Foundation, Inc.



With CPD PTS for RGC, RPsy/RPm, LPT, RSW

## REGISTRATION LINK

[https://bit.ly/16thPGCAX\\_ARC\\_RegForm2023](https://bit.ly/16thPGCAX_ARC_RegForm2023)

## REGISTRATION FEE

**Php 3,400.00**



Deposit payment to BPI Acct.  
Name : PGCA-X  
Acct. Number : 8993-0023-81

[pgcaxsecretariat@gmail.com](mailto:pgcaxsecretariat@gmail.com)